

Experience and Safety

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Dr. Bray Provides Experience and Safety

In this day and age of ever increasing popularity of plastic surgery, patients need to be more cautious than ever. The procedures available and the terminology are often confusing to the prospective patient. Patients should be leery of physicians touting the "week-end facelift." Most recently, a new term has become popular — the so-called "S lift." The "S lift" is in essence quite similar to a mini-facelift, which we have been performing for more than 15 years. With our vast experience, we have found that if it is done properly, the results, can be phenomenal. But in order to obtain excellent results the patient must realize

that this procedure is not a "weekend facelift." It must be done through the appropriate incision with the appropriate deep tissue support. Although the scarring is minimal and the healing time is quick, there are still several days of downtime.

Another procedure that is being advertised as a "weekend facelift" is merely the use of suspension sutures to artificially lift up and support the cheeks or mid-face. Again, in order to obtain quality results, the patients need to understand that real and significant surgery needs to be performed. It is important to realize that the vast and growing field of plastic surgery has now been

broken into sub-specialty areas. People who wish to have surgery to enhance their face should consult a facial plastic surgeon who is certified by the American Board of Facial Plastic and Reconstructive Surgery. Patient education and patient safety are keys when considering any surgery but particularly when your face is under consideration. After all, you only have one face and should not chance a result you might regret.

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